

#firstaidfridays

# Choking Infographic

**Accidental**  
Health & Safety

[www.accidentaldi.com.au](http://www.accidentaldi.com.au)



**More than 50**

Australian's died from Choking in just one year

**203 Children**

Were hospitalised due to choking in one state in 2020



## How to treat choking

### FULL CHOKE

Severe airway obstruction  
Cannot breath, speak or cough  
Pale and Blue



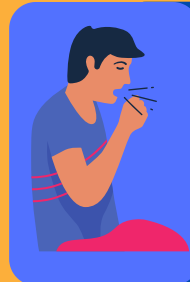
### IF CONSCIOUS

Send for Help  
Give up to 5 back blows  
If not effective  
Give up to 5 Chest Thrusts



### UNCONSCIOUS

Send For Help  
Start CPR



### PARTIAL CHOKE

Partial Airway Obstructed  
Frantic coughing  
Red face  
Wheezing/ whistling



### ENCOURAGE COUGHING

Continue to check the casualty until they recover or deteriorate  
If no relief call an ambulance